



10th International Mines Rescue Competition Sudbury, Ontario, CANADA August 19 to 26, 2016



TRAVEL TO CANADA

VISITING CANADA

Canada is a nation of 33.5 million people, spread across nearly ten million square kilometres. The geography includes vast plains and mountain ranges, thick forest and open prairie. Canada's climate ranges from temperate in the south to arctic in the far north. English and French are Canada's official languages. The population includes First Nations peoples who have lived here for millennia, and peoples from every nation of the earth who have been attracted by Canada's democratic government, multicultural society and strong economy.

For more information about Canada, visit www.canada.travel

Travel Visas

We recommend that all foreign visitors check with Citizenship and Immigration Canada to ensure proper travel documentation is processed well in advance of their visit. See instructions at: www.cic.gc.ca/english/visit.

Countries and territories whose citizens require visas are identified on the following site: www.cic.gc.ca/english/visit/visas.asp. Citizens of the United States, Britain and most European nations do not require travel entry visa for Canada, but please confirm this prior to making travel plans.

Some visitors will require letters of invitation in order to obtain visas. IMRC 2016 - Canada Organizers will prepare letters of invitation to attendees requesting them. Contact info@IMRC2016.ca to make arrangements.

Climate

August is mid- to late summer in Canada. Average daytime high temperatures in the Sudbury area are 21 to 24 degrees Celsius, while daytime low temperatures are 11 to 14 degree Celsius. The relative humidity in August typically ranges from 48% (comfortable) to 94% (very humid).

Monthly precipitation averages 8 cm. All-weather clothing is recommended.

Suggested Dress

Opening ceremonies will be held outside in an amphitheater so recommended dress is casual. Similarly for the various social events, dress is casual.

Closing ceremonies will be more formal therefore most teams will prefer to wear a suit jacket, shirt and tie.

During competition events, competitors must wear clothing and personnel protective equipment as explained in the rules.

Banking and Taxes

Canadian currency is the Canadian Dollar (CAD). The dollar (\$) can be divided into 100 cents (¢). Coin denominations are 5¢, 10¢, 25¢, \$1 and \$2. Bank notes are \$5, \$10, \$20, \$50 and \$100. United States currency is widely accepted, however, an exchange premium charged. Automated bank machines are located at most banks, hotels and shopping outlets.

All major credit (Visa, MasterCard, American Express, etc.) and debit cards are widely accepted at stores, restaurants, and hotels.

Harmonized Sales Tax (HST) is a 13% charge automatically added to most goods and services purchased.





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Electrical Supply

120 volt 60 Hz is standard. Generally electronic (laptops, cameras etc.) are equipped with both 120 and 240 converters. Ensure, however, you bring an appropriate electrical adaptor if you are bringing electronic devices.

Time Zone

Sudbury is in the Eastern Time Zone. During August Sudbury will be observing Eastern Daylight Time, four hours behind Greenwich Mean Time.

HEALTH AND SAFETY

Canada is considered a very safe country. However as with any travel, safety precautions are recommended (make use of hotel safe, carry limited cash, ensure passport safety, etc.).

Insurance

Participants are to ensure they have travel insurance before leaving their country.

Emergency Medical Services

Excellent medical and hospital services are available and if services are required you may go to the front desk of the hotel. A serious emergency requiring immediate ambulance service may be obtained by dialing 911 which will connect you with emergency services.

Drinking Water

All tap water is potable and does not require treatment. Bottled water is available if preferred.

Smoking

Smoking is prohibited in public areas (restaurants, arenas, shopping malls, buses, trains etc.). Generally it is allowed only in posted areas.





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TRAVEL AND TOURISM

Sudbury

Sudbury was once the nickel capital of the world, annually producing almost the entire world's inventory of nickel. Today the City of Greater Sudbury is regarded as the nickel mining capital of Canada and has fully diversified its economy to include refining/smelting, mining academia, mine equipment manufacturing, and research, in addition to underground mining. The key mine employers in the region are Vale, Glencorp, KGHM International and First Nickel.

Sudbury is also home to Dynamic Earth and Science North which provides visitors a unique opportunity to explore Sudbury's past and exciting future. Visiting these attractions is a "must do". There are 330 lakes within the city's boundaries, and the region is a popular destination for outdoor activities such as hiking, boating and fishing.

The City of Greater Sudbury is officially bilingual (English/French). More importantly this culturally diverse community is home to people from dozens of nations. Over the decades, immigrants came from every corner of the world to make Sudbury home as is evidenced during travels in and around the community.

For additional information go to: www.sudburytourism.ca

Business Hours

Most government offices, private companies and banks are open between 9 a.m. and 5 p.m. and closed on weekends. Shopping malls are open from 9 or 10 a.m. to 5 or 6 p.m. on most days, but close at 9 p.m. on Thursdays and Fridays.

Gratuities

Tipping is a common practice. Generally an additional 10 to 20% of the before-tax cost of a service is added by the purchaser, depending on quality of products/services obtained. Tipping typically applies to restaurants, bars, taxi cabs etc.

Vehicle rentals

- Numerous major vehicle rental companies exist in all towns and cities, including Sudbury.
- Proof of a valid driver's licence is a requirement. Depending on nation of origin there may be other stipulations. We suggest arrangements for vehicle rental be made in advance of arrival in Canada.
- Travel is on the right hand side of the road.
- Vehicle speed limits are posted in kilometres per hour.

Duty Free

Duty free shopping is available at border crossings and at international airports.

